

## Family Memory Care

Volunteers of America-Minnesota  
7625 Metro Blvd., Edina, MN 55439  
Phone: 952-945-4175

### Your caregiver team

**Dorothea Harris**, MSW, LICSW, is a Family Memory Care Consultant who has both professional and personal experience with Alzheimer's. She has worked for many years with families and her undying professional commitment to the community allows her to advocate for clients on levels that foster true compassion.



**Ellen Johnson** is an experienced caregiver advocate who cared for her mother, who was diagnosed with Alzheimer's disease, at home for ten years. For many years, she has worked with families who have suffered with memory loss, dementia and Alzheimer's disease.



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# FAMILY MEMORY CARE

Culturally sensitive,  
appropriate services

[voamn.org](http://voamn.org)

#### Vision:

Uplift All Lives

#### Values:

Collaboration, Compassion,  
Excellence, Integrity and Respect

#### Mission:

Helping people gain self-reliance,  
dignity and hope.

**Dorothea Harris**  
MSW, LICSW

**Ellen Johnson**

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Volunteers  
of America®

MINNESOTA

*Uplift All Lives*



# FAMILY MEMORY CARE

is a service for caregivers living with a family member with memory loss.



The timeline below illustrates the steps and timing of the Family Memory Care service. After the first 4 months, follow-up assessments occur every 6 months. On-going support continues as needed.



**Caring for someone with memory loss can be challenging without support.**

Family Memory Care can reduce your stress and increase the support you receive from your family.



Assessment



Individual Session



As-Needed (Ad Hoc) Contact



Family Sessions



Second Individual Session



Follow-Up Assessments



## FIRST FOUR MONTHS

### Family Memory Care CONSULTANTS:

Assess your situation and discuss your concerns.

Help you and your family understand memory loss and how the disease may progress over time.

Work with you and your family to develop a plan that best supports you.

Discuss strategies for coping with changes in personality and behavior.

Assist you in finding resources and helpful services.

For more information or to find out how you can participate in Family Memory Care call:

**952-945-4175**

## Location

Services may take place in the caregiver's home, a community location or neighborhood center or an other predetermined location.