

VONA CENTER FOR MENTAL HEALTH

Results-Based Accountability Project revealed that 96% of clients either completed or made significant progress with their goals:

- Learning to cope with stress and difficult emotions
- Improving satisfaction within relationships
- Re-engaging in activities like school and socializing
- Reducing risk of hospitalization or needing other forms of higher care

Over 89% client satisfaction rating

Parents tell us:

- I'm very grateful for your service that you give to our child and I cannot thank you enough.
- I like how they have become stronger even though they are still sad. I like the help the therapy has provided them.



All-inclusive services



DEAF, HARD-OF-HEARING & DEAFBLIND MENTAL HEALTH

SERVICES FOR CHILDREN,
ADOLESCENTS AND FAMILIES



voamn.org



763-225-4052

VISION Uplift all lives

VALUES Collaboration, compassion,
excellence, integrity & respect

MISSION Help people gain self-
reliance, dignity and hope

VONA
CENTER FOR MENTAL HEALTH™



Volunteers of America®

MINNESOTA AND WISCONSIN

WHO WE ARE

Our cultural and language specific therapy services are here to help when life presents challenges that become hard to manage. Program therapists can support you, your child and family with a variety of life's difficulties including:

- Adjustment to life transitions
- Anxiety
- Depression
- Grief & loss
- Post-Traumatic Stress Disorder (PTSD)
- Relationship difficulties
- Suicidal thinking/self-harming behaviors
- Loneliness/isolation
- Bullying
- Behavioral problems

SERVICE MODEL

Our goal is to provide culturally affirmative mental health services that honor the rich diversity within the Deaf community and help clients grow toward their goals.

- Program staff have expertise in child and adolescent mental health as well as in Deaf Culture and use American Sign Language
- Initial assessments are thorough and include mental & physical health, family history and school performance.
- Individualized plans for treatment are based on techniques that work for children, adolescents and are adapted, when necessary, for use with Deaf, Hard of Hearing or DeafBlind clientele.
- Family members are encouraged to participate actively in services and collaboration with schools and other providers is considered an important part of the program.

SERVICES INCLUDE

- Comprehensive diagnostic assessment
- Individual, family & group psychotherapy (school, home or clinic-based)
- Individual, family & group skills training (school, home or clinic-based)
- Psychiatric evaluation and medication management for program clients only (provided at the Golden Valley Clinic and the MN State Academy for the Deaf)

LOCATIONS

- VONA Center for Mental Health, 9220 Bass Lake Road Suite 255, New Hope, MN 55428
- MN State Academy for the Deaf, 615 Olof Hansen Dr, Faribault, MN
- Central Minnesota, serving 12 Central MN counties, 1030 4th Street SE #106, St. Cloud, MN 56304
- Metro Deaf School, 1471 Brewster St, St. Paul, MN 55108
- VECTOR Transition, District 287, Northwest Technology Center, 7008 Northland Drive, Suite 100, Brooklyn Park, MN 55428
- Minneapolis Public Schools, St. Paul Public Schools, Anoka-Hennepin Schools, many other metro area school districts
- NEW! Now serving Rochester and Southeastern MN
- Serving all of Minnesota via telemedicine using privacy compliant software on the client's computer, tablet or other smart device with camera

FUNDING

VOA accepts and is in-network with most insurance companies, including Medical Assistance. This program is supported by a grant from the Minnesota Department of Human Services, Deaf and Hard of Hearing Services Division, which allows consultation and coordination of care. Uninsured or underinsured clients may be eligible for resources available to support their access to treatment

PERSONS SERVED

- School age children, adolescents and their families ages 0-22 years
- Children and adolescents under age 18 or under guardianship have consent of a parent or guardian

REQUESTING SERVICES

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