

Contact Information

Omegon Residential Treatment Center

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Referral Contact

Jennifer Ramola

Testimonials

Here's what we've heard from the referral partners with whom we work:

"I found the atmosphere welcoming and am very pleased with the chemical dependency and mental health services. I would definitely recommend Omegon to others because I always knew what was going on and the staff understood my client and needs very well. Keep up the good work!"

"Family therapy was by far the most important part of my child's treatment. I feel as though for once we finally are getting somewhere. Omegon has been by far the best treatment my child has been to."

Vision:

Uplift All Lives

Values:

Collaboration, Compassion,
Excellence, Integrity and Respect

Mission:

Helping people gain self-reliance,
dignity and hope.



Omegon Residential Treatment Center Building Hope for Youth and Families

- Serving youth 13-18
- Milieu Therapy
- Family Therapy
- Individual & Group Therapy
- Chemical Health Groups
- Individual CD Counseling
- Psychiatric Consultation
- Medication Management
- Educational & Recreational Programs
- Family Groups

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MINNESOTA

Uplift All Lives

What We Do

Intensive residential treatment in a suburban setting for seriously emotionally disturbed and chemically abusive youth.

Omegon is a 24-bed intensive residential treatment center serving male and female adolescents ages 13 to 18*, who are experiencing serious emotional, social, and behavioral disorders, combined with the abuse and/or dependency on mood-altering chemicals.

****18 year olds must be currently enrolled in school***

Two tracks for treatment services

- Our 6-9 month program is designed for youth who have experienced multiple previous treatment interventions, including outpatient and inpatient treatment, and require a longer-term integrative, therapeutic, and skill-building experience to intervene with their problems.
- Our 3-4 month program is designed for youth whose chemical use and mental health history is not as extensive and have experienced more limited previous treatment interventions or for youth who have successfully completed treatment in the past, but due to relapse or worsening mental health require additional residential intervention.

Service Highlights

- Psychiatric services (provided by Board-Certified Child and Adolescent Psychiatrist)
- Nursing services (provided by an R. N.) providing health management and medication management
- EMDR (Eye Movement Desensitization and Reprocessing)
- TFCBT (Trauma-Focused Cognitive Behavioral Therapy)

Education

- On-site educational services, including regular education and special education services.
- Our teaching staff (part of Intermediate School District 287) is an integral part of Omegon's treatment team.

Program Components

Clients participate in a variety of daily groups and recreational programming. Facilitated community meetings focus on developing problem solving skills, conflict resolution, and current living unit issues.

Youth present with issues including:

- Mood and behavioral disorders including depression
- Low self-esteem
- Disruptive behaviors
- Substance abuse
- Chronic failures in homes, school and community

Individualized treatment plans address the needs of residents and their families. The program helps clients to change their unhealthy thought processes and replace them with better coping skills and self-management techniques.

Aftercare Services

- On-going contact for up to three months after discharge

