



Park ElderCenter

Programs for People 50+

*Making connections to fitness, wellness
new friends, resources, learning and more...*

voamn.org

Park ElderCenter

1505 Park Avenue South
Minneapolis, MN 55404



**Volunteers
of America®**

MINNESOTA

Uplift All Lives

Find a connection at Park ElderCenter!

Activities:

- *Exercise Classes*
- *Meals and Nutrition Programs*
- *Social Work Services*
- *Medicare Enrollment, Part D*
- *Health and Wellness Programs*
- *Arts and Music Programming*
- *Educational & Cultural Programs*
- *Intergenerational & Social Activities*
- *Computer Lab*
- *Blood Pressure Check*
- *Senior Legal Aide*
- *Adult Day Program*
- *Foot Clinic*
- *Naps Site*
- *Food Distribution*
- *Volunteer Opportunities*
- *Outreach, Information & Referral*

For more information Contact: Bee Vue

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VISION: Uplift All Lives

VALUES: Collaboration, Compassion, Excellence, Integrity and Respect

MISSION: Help people gain self-reliance, dignity and hope