



Volunteers of America®

MINNESOTA AND WISCONSIN

AUGUST 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
BBQ Pulled Pork on a Bun Baked Beans Potato Salad Chocolate Chip Cookie ALT: BBQ Pulled Chicken	Meatloaf w Ketchup Glaze Mashed Potatoes & Gravy Peas w Carrots Dinner Roll/Butter Lemon Bar	Cheese Roll Up In Tomato Basil Sauce w Mozzarella Cheese Green Beans Side Salad Italian Dressing Breadstick/Butter Applesauce	COLD MEAL Seafood Pasta Salad Italian Broccoli Salad Saltine Crackers Fresh Cut Fruit ALT: Chicken Pasta Salad	Herb Roasted Chicken Breast Roasted Red Potatoes Brussel Sprouts Wheat Bread/Butter Diced Peaches
11	12	13	14	15
Chicken Egg Roll Bowl White Rice Stir Fry Vegetables Diced Pears Brownie Soy Sauce Packet	All Beef Hot Dog on a Bun Potato Wedges Coleslaw Diced Peaches Ketchup Packet	Chicken Fajitas Seasoned Pinto Beans Mexican Corn Flour Tortillas Shredded Cheese Taco Sauce Packet Churros	COLD MEAL Chef's Salad Ranch Dressing Packet Fresh Cut Fruit Dinner Roll/Butter Oatmeal Cream Pie Cookie ALT: Turkey Chef Salad	Crab Stuffed Pollock Rice Pilaf Broccoli Pineapple Tidbits Orange Jello w Whip Topping Tartar Sauce Packet ALT: Chicken Kiev
18	19	20	21	22
Chicken Tenders Mac & Cheese Peas w Pearl Onions Tropical Fruit Jello Cake Honey Mustard Packet	Ham Au Gratin Potatoes Green Beans Dinner Roll/Butter Fresh Banana ALT: Roasted Turkey w Gravy	COLD MEAL Chicken Caesar Pasta Sald Zucchini Salad Breadstick/Butter Strawberry Applesauce Blonde Brownie	Cheeseburger on a Bun Potato Salad Baked Beans Watermelon Carnival Cookie Ketchup/Mustard Packets	Butter Chicken White Rice Carrots Flat Bread/Butter Fruit Cocktail
25	26	27	28	29
Honey Ginger Chicken Breast Vegetable Lo Mein Broccoli Tropical Fruit Sugar Cookie Soy Sauce Packet	Sloppy Joe on a Bun Baked Beans French Fries Lemon Pudding w Whip Topping	BIRTHDAY MEAL Beef Pot Roast Mashed Potatoes & Gravy Corn Dinner Roll/Butter Chocolate Cake w Chocolate Frosting	COLD MEAL Italian Pasta Salad Cucumber Ranch Salad Dinner Roll/Butter Fresh Cut Fruit Fudge Round Cookie ALT: Turkey Pasta Salad	Lemon Pepper Tilapia Rice Pilaf Carrots Pineapple Tidbits Blonde Brownie Tartar Sauce Packet ALT: Lemon Pepper Chicken

The menu is subject to change.1% milk and margarine are served with each meal.

Your comments are welcome: call 952-945-4156. Volunteers of America Senior Nutrition Program serves all seniors regardless of race, color, sex, disability, national origin, or religion.

This service is funded through a contract with Trellis, Inc. as part of the Older Americans Act Program and participant contributions. Upon request, large prints, or audiotape are available. For TDD, contact Minnesota Relay Service.

For information about the services provided by Volunteers of America of MN go to www.voamn.org