Now Accepting Referrals

Bar None - Omegon is a residential facility which offers specialized treatment services for adolescents who are experiencing serious mental health and/or chemical issues. We are currently accepting referrals for males ages 12 through 17.

Bar None - Omegon's program operates from the philosophies of Cognitive Behavioral Therapy (CBT) and the Stages of Change. Our Phase System highlights these principles. CBT is evidence-based for both mental health and chemical health and focuses on the identification of unhelpful belief systems and cognitive restructuring in order to create healthier behavior patterns. CBT places a good deal of its focus on the present: on currently-held attitudes, painful emotions and maladaptive behaviors that can sabotage a fuller experience of life.

Additionally, Bar None - Omegon values the role of family involvement in a child's overall wellness and success in life.

PROGRAM COMPONENTS

Clients participate in a variety of regular groups and recreational programming. Facilitated community meetings focus on developing problem solving skills, conflict resolution, and current living unit issues.

Youth may present with issues including:
- Mood and behavioral disorders including depression
- Low self-esteem
- Disruptive behaviors
- Substance abuse
- Chronic failures in homes, school, and community

Our youth are struggling with persistent patterns of life-threatening or high risk behaviors that require intervention in a nurturing, safe and highly structured environment.

SERVICES WE PROVIDE
- Milieu Therapy
- Family Therapy
- Individual & Group Therapy
- Chemical Health Groups
- Individual CD Counseling
- Psychiatric Consultation
- Medication Management
- Educational & Recreational Programs
- Family Groups

NOTABLE FEATURES
- Psychiatric services
- Nursing services
- Clinicians trained in trauma-focused therapies
- Aftercare services

For referrals and more information, contact our Intake Coordinator
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