YOUR CAREGIVER + DEMENTIA TEAM

CAROLYN SMITH, MSW
Caregiver Support Specialist
Caregiver Assessment and development of a customized plan that includes support services, goal setting, problem solving, coaching and ongoing counseling to support and reach established goals.
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CAMILE NASH, COMMUNITY HEALTH WORKER
Registration and Intake Services
Facilitates the flow of information within the care team.
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GLORIA COLES, COMMUNITY HEALTH WORKER
Health Promotion Educator
Educates about chronic conditions, prevention and stress management.
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TUESDAY GLOVER, BSW
Dementia Coordinator
Educates on dementia and provides Alzheimer’s Consulting
Provides resources, support group, and dementia screenings
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DURING COVID-19 MOST CLASSES ARE HELD VIRTUALLY
https://www.voamnwi.org/caregiver-support
Like us on Facebook!
http://facebook.com/crcaregivers

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LOCATIONS
Office: Volunteers of America Minnesota
3333 North 4th St, Minneapolis, MN 55412
Service: In Caregiver’s home, office, and virtually.
M-F 8:30 am – 4:30 pm, or by prior arrangement.

DAYS / HOURS
M-F 8am-4pm, or by prior arrangement.

PARTICIPANTS
Older adults or informal providers of in-home and community living seniors who care for an adult 60+ years of age or an individual (of any age) with Alzheimer’s disease or a related disorder.

FEES
Caregiver services are available with limited funding support under Title- III-E of the Older Americans Act and a grant from the Minnesota Board on Aging.
Contributions are also encouraged and suggested to stretch the federal funds. No caregiver is denied services based on an inability to pay.

REGISTER TODAY: POWERFUL TOOLS FOR CAREGIVERS CLASS
PTC is an evidence-based program designed to equip caregivers with a range of self-care tools to help them reduce personal stress and communicate effectively with family members and healthcare providers.
Respite Services Provided.

EVERYDAY CARE
Provides caregivers and older adults with assistance in making decisions and solving problems related to their caregiver roles and/or coaching older adults on healthy aging.

ALZHEIMER’S CONSULTING
We offer memory screening tools, Alzheimer’s education classes, resources, and referrals. Caring for a loved one with Alzheimer’s can be stressful. Our dementia consultants can help you develop a customized action plan that reduces stress while maximizing your support network.

CAREGIVER SUPPORT GROUP
These groups offer an African American culturally specific environment for caregivers to share and support one another. Monthly topics and guest speakers keep conversations new and interesting.