

CAREGIVER SUPPORT SERVICES

Volunteers of America Minnesota
3333 North 4th St, Minneapolis, MN 55412
Intake - 952-945-4016
Helpline - 952-945-4034

YOUR CAREGIVER + DEMENTIA TEAM



CAROLYN SMITH, MSW

Caregiver Support Specialist

Caregiver Assessment and development of a customized plan that includes support services, goal setting, problem solving, coaching and ongoing counseling to support and reach established goals.
carolyn.smith@voamn.org



CAMILE NASH, COMMUNITY HEALTH WORKER

Registration and Intake Services

Facilitates the flow of information within the care team.
camile.nash@voamn.org



GLORIA COLES, COMMUNITY HEALTH WORKER

Health Promotion Educator

Educates about chronic conditions, prevention and stress management.
gloria.coles@voamn.org



TUESDAY GLOVER, BSW

Dementia Coordinator

Educates on dementia and provides Alzheimer's Consulting
Provides resources, support group, and dementia screenings
tuesday.glover@voamn.org

DURING COVID-19 MOST CLASSES ARE HELD VIRTUALLY

<https://www.voamnwi.org/caregiver-support>

Like us on Facebook!

<http://facebook.com/crcaregivers>

This program is funded through a grant from the Metropolitan Area Agency on Aging as part of the federal Older Americans Act.

This document was supported, in part, by a grant from the Minnesota Board on Aging.

MISSION

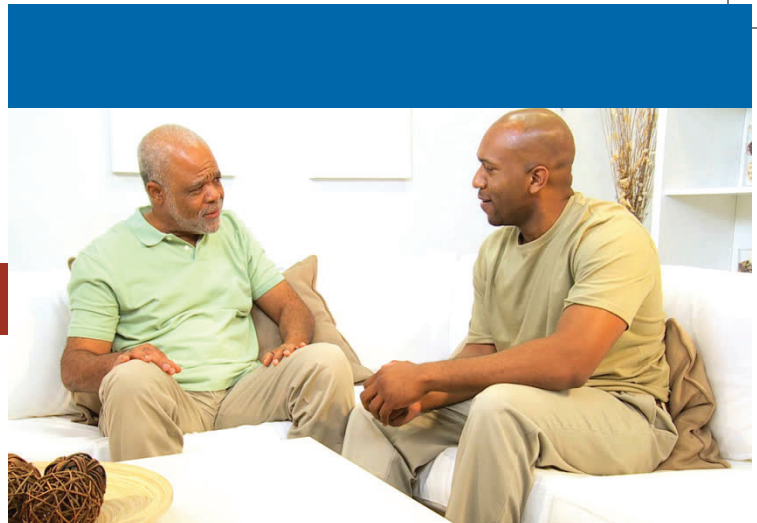
We help people build hope, resilience, and well-being

VISION

We envision communities where all lives are uplifted

VALUES

Compassion, Integrity and Perseverance



CAREGIVER SUPPORT AND DEMENTIA SERVICES

CULTURALLY SENSITIVE AND APPROPRIATE SERVICES

 [voamnwi.org](https://www.voamnwi.org)  Intake 952-945-4016

 **Volunteers of America®**
MINNESOTA AND WISCONSIN


Culturally Responsive
CAREGIVER SUPPORT+
DEMENTIA SERVICES

LOCATIONS

Office: Volunteers of America Minnesota

3333 North 4th St, Minneapolis, MN 55412

Service: In Caregiver's home, office, and virtually.

M-F 8:30 am – 4:30 pm, or by prior arrangement.

DAYS / HOURS

M-F 8am-4pm, or by prior arrangement.

PARTICIPANTS

Older adults or informal providers of in-home and community living seniors who care for an adult 60+ years of age or an individual (of any age) with Alzheimer's disease or a related disorder.

FEES

Caregiver services are available with limited funding support under Title- III-E of the Older Americans Act and **a grant from the Minnesota Board on Aging.**

Contributions are also encouraged and suggested to stretch the federal funds. No caregiver is denied services based on an inability to pay.

REGISTER TODAY: POWERFUL TOOLS FOR CAREGIVERS CLASS

PTC is an evidence-based program designed to equip caregivers with a range of self-care tools to help them reduce personal stress and communicate effectively with family members and healthcare providers.

Respite Services Provided.



EVERYDAY CARE

Provides caregivers and older adults with assistance in making decisions and solving problems related to their caregiver roles and/or coaching older adults on healthy aging.



ALZHEIMER'S CONSULTING

We offer memory screening tools, Alzheimer's education classes, resources, and referrals. Caring for a loved one with Alzheimer's can be stressful. Our dementia consultants can help you develop a customized action plan that reduces stress while maximizing your support network.



CAREGIVER SUPPORT GROUP

These groups offer an African American culturally specific environment for caregivers to share and support one another. Monthly topics and guest speakers keep conversations new and interesting.