

# JUNE 2025



# Volunteers of America®

## MINNESOTA AND WISCONSIN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Pork Egg Roll Bowl White Rice Broccoli Diced Pears Lemon Bar Soy Sauce Packet <b>ALT: Chicken Egg Roll Bowl</b>	Turkey a La King Mashed Potatoes Italian Blend Vegetables Mandarin Oranges Wheat Bread/Butter Banana Pudding w Whip Topping	All Beef Hot Dog on Bun Baked Beans Carrots Fresh Cut Fruit Ketchup Packet	Chicken Fajitas Seasoned Black Beans Mexican Corn Flour Tortillas Shredded Cheese Strawberry Applesauce Taco and Sour Cream Packets	Crabbed Stuffed Pollock Rice Pilaf Broccoli Pineapple Tidbits Oatmeal Raisin Cookie Tartar Saice Packet  <b>ALT: Chicken Kiev</b>
9	10	11	12	13
Chicken Tenders Mac & Cheese Peas w Pearl Onions Tropical Fruit Strawberry Jello w Whip Topping BBQ Sauce Packet	Ham Au Gratin Potatoes Green Beans Diced Pears Dinner Roll/Butter <b>ALT: Sliced Turkey</b>	<b>FATHERS DAY</b> Chicken Piccata With Garlic & Red Pepper over Penne Pasta Roasted Root Vegetables Fresh Banana Wheat Bread/Butter Oatmeal Rasin Cookie	Meatloaf w Ketchup Glaze Mashed Potatoes Brown Gravy Carrots Dinner Roll/Butter Blonde Brownie	Cheese Ravioli w Marinara Sauce & Mozzarella Cheese Mixed Vegetables Side Salad Breadstick/Butter Ranch Dressing Packet
16	17	18	19	20
Honey Ginger Chicken Thigh Vegetable Lo Mein Broccoli Fruit Cocktail Sugar Cookie Soy Sauce Packet	Pork Loin w Horseradish Brown Sauce Mashed Potatoes Italian Blend Vegetables Dinner Roll/Butter Lemon Pudding w Whip Topping <b>ALT: Chicken Breast</b>	Sloppy Joe on Hamburger Bun Baked Beans Coleslaw Tropical Fruit	<b>COLD MEAL</b> Cranberry Chicken Pasta Salad Cucumber & Onion Salad Fresh Cut Fruit Croissant/Butter Jello Cake	Lemon Pepper Tilapia Rice Pilaf Carrots Pineapple Tidbits Brownie Tartar Sauce Packet  <b>ALT: Lemon Pepper Chicken</b>
234	24	25	26	27
Beef Tacos Cilantro Lime Rice Fiesta Corn Mandarin Oranges Flour Tortillas Shredded Cheese Churros Taco Sauce Packet	Bratwurst on Bun W Sauerkraut Tater Tots Mixed Vegetables Diced Peaches Mustard/Ketchup Packet  <b>ALT: Beef Hotdog</b>	<b>BIRTHDAY MEAL</b> Beef Pot Roast Mashed Potatoes & Gravy Green Beans Dinner Roll/Butter Raspberry Cupcake w White Frosting	Seafood Fettuccini Winter Blend Vegetables Fruit Cocktail Garlic Toast/Butter Jello w Whip Topping Parmesan Cheese Packet <b>ALT: Chicken Fettuccini</b>	Korean BBA Meatballs Confetti Rice Broccoli Strawberry Applesauce Lemon Bar Soy Sauce Packet
30				
BBQ Pork on Hamburger Bun Potato Wedges Coleslaw Carnival Cookie Ketchup Packet <b>ALT: BBQ Chicken</b>				

The menu is subject to change.1% milk and margarine are served with each meal. Your comments are welcome: call 952-945-4156.  
 Volunteers of America Senior Nutrition Program serves all seniors regardless of race, color, sex, disability, national origin, or religion. This service is funded through a contract with Trellis, Inc. as part of the Older Americans Act Program and participant contributions. Upon request, large prints, or audiotape are available.  
 For TDD, contact Minnesota Relay Service. For information about the services provided by Volunteers of America of MN go to [www.voamn.org](http://www.voamn.org)