



MINNESOTA AND WISCONSIN

JULY 2024

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|--|
| 1 | 2 | 3 | 4 | 5 |
| Sweet Thai Chili Meatballs Confetti Rice Broccoli Pineapple Tidbits Egg Roll Bule Raspberry Jello w Whip Topping Sweet & Sour Packet | Chicken Taco Meat Seasoned Pinto Beans Mexican Corn Flour Tortilla Shredded Cheddar Cheese Sour Cream Packet Taco Sauce Packet Blonde Brownie | Cheeseburger on Bun Baked Beans Potato Salad Apple Pie Ketchup/Mustard Packets | COLD MEAL Turkey Mac Salad Marinated Cucumber Salad Fresh Fruit Dinner Roll/Butter Chef's Choice Cookie | Lemon Pepper Chicken Rice Pilaf Diced Carrots Diced Peaches Dinner Roll/Butter Strawberry/Banana Pudding w Whip Topping |
| 8 | 9 | 10 | 11 | 12 |
| Brat w Sauerkraut on Bun Tater Gems Coleslaw Oatmeal Crème Pie Cookie Ketchup/Mustard Packs ALT: All Beef Hotdog | Sloppy Joe on Bun Au Grating Potatoes Applesauce Lemon Bar | COLD MEAL Greek Chicken Salad Romaine lettuce, Chicken, Parmesan Cheese, Black Olives, Tomato Wedges) Breadstick/Butter Fresh Fruit Lime Jello Cake Italian Dressing/Crouton Packets | Breaded Chicken Drumstick Mashed Potatoes & Gravy Green Beans Corn Bread/Butter Butterscotch Pudding w Whip Topping | Chicken Patty on Bun Potato Wedges Diced Pears Chef's Choice Cookie Buffalo Ranch Sauce Ketchup Packet |
| 15 | 16 | 17 | 18 | 19 |
| Baked Chicken Breast In Mojo Sauce Orzo Florentine Diced Carrots Pineapple Tidbits Multigrain Bread/Butter Brownie | All Beef Hotdog on Bun Baked Beans Fruit Cocktail Chef's Choice Cookie Ketchup/Mustard Packets | COLD MEAL Krab Mac Salad Marinated Vegetable Salad Dinner Roll/Butter Pound Cake w Sliced Strawberries ALT: Chicken Mac Salad | Stuffed Green Peppers Roasted Potatoes Tropical Fruit Garlic Toast Rhubarb Crisp w Whip Topping | Sweet & Sour Pork loin Fried Rice Broccoli Mandarin Oranges Egg Roll Fudge Rounc Cookie Soy Sauce Packet |
| 22 | 23 | 24 | 25 | 26 |
| Chicken Burger on Bun With Cheese Scalloped Potatoes Coleslaw Lemon Bar Mayo Packet | Beef Taco Meat Spanish Rice Mexican Corn Flour Tortilla Shredded Cheese Diced Peaches Chef's Choice Cookie Taco Sauce Packet | COLD MEAL Turkey Chef Salad (Romaine lettuce, Diced Turkey, Cheddar Cheese, Hard-boiled Egg, Tomatoes, Cucumbers) Breadstick/Butter Fresh Fruit Lime Jello w Whip Topping Ranch & Crouton Packets | BBQ Pulled Pork on Bun Potato Salad Green Beans Key lime Pudding w Whip Topping BBQ Sauce Packet ALT: BBQ Pulled Chicken | Chicken Curry White Rice Mixed Vegetables Diced Pears White Bread/Butter Oatmeal Crème Pie Cookie |
| 29 | 30 | 31 | | |
| Cheese Omelet Turkey Sausage Tri Tater Applesauce Fruited Muffin/Butter Ketchup Packet | Chicken Tender Mac & Cheese Green Peas Pineapple Tidbits White Bread/Butter Chocolate Pudding w Whip Topping Honey Mustard Packet | BIRTHDAY MEAL Beef Pot Roast Mashed Potatoes & Gravy Peas & Pearl Onions Dinner Roll/Butter Spice Cupcake w Cream Cheese Frosting | | |

Menu subject to change.1% milk and margarine are served with each meal. Your comments are welcome: call 952-945-4156.

Volunteers of America Senior Nutrition Program serves all seniors regardless of race, color, sex, disability, national origin, or religion. The service is funded through a contract with Trellis, Inc. as part of the Older Americans Act Program and participant contributions. Upon request, large print, or audiotape are available. For TDD, contact Minnesota Relay Service. For information about the services provided by Volunteers of America of MN go to www.voamn.org