



MINNESOTA AND WISCONSIN

SEPTEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
SITE CLOSED COLD MEAL Italian Chicken Pasta Salad Broccoli Salad Sliced Peaches Breadstick/Butter Oatmeal Crème Pie	Cheese Omelet Turkey Sausage Tri Tater Applesauce Fruited Muffin/Butter Ketchup Packet	Chicken Tenders Mac & Cheese Green Peas Pineapple Tidbits White Bread/Butter Lemon Pudding w Whip Topping	Philly Sandwich on Hoagie Bun Roasted Potatoes Fruit Cocktail Chef's Choice Cookie	Salisbury Steak Mashed Potatoes & Gravy Corn Dinner Roll/Butter Banana Cheesecake Cup
9	10	11	12	13
Sweet Thai Chili Meatballs Confetti Rice Broccoli Egg Roll Pineapple Tidbits Rice Krispy Bar Sweet & Sour Packet	Beef Hotdog on Bun Baked Beans Fruit Cocktail Apple Pie Ketchup/Mustard Packets	COLD MEAL Turkey Mac Salad Marinated Cucumber Salad Fresh Fruit Dinner Roll/Butter Fudge Round Cookie	Chicken Taco Meat Flour Tortillas Seasoned Pinto Beans Mexican Corn Blonde Brownie Shredded Cheese Sour Cream & Taco Sauce Packets	Lemon Pepper Tilapia Rice Pilaf Diced Carrots Diced Peaches Dinner Roll/Butter Blu Raspberry Jello w Whip Topping ALT: Lemon Pepper Chicken
16	17	18	19	20
Brat w Sauerkraut on Bun Tater Gems Coleslaw Chef's Choice Cookie Ketchup/Mustard Packets ALT: All beef Hot Dog	Cheeseburger on Bun Baked Beans Potato Salad Chocolate Cupcake w Vanilla Frosting Ketchup/Mustard Packets	COLD MEAL Greek Chicken Salad Romaine lettuce, Chicken, Parmesan Cheese, Black Olives, Tomato Wedges) Breadstick/Butter Fresh Fruit Lemon Bar Italian Dressing/Crouton Packets	Chicken Drumstick Mashed Potatoes & Gravy Green Beans Corn Bread/Butter Strawberry Jello Cake w Whip Topping	Sloppy Joe on Bun Au Gratin Potatoes Applesauce Fruited Jello Fluff w Whip Topping
23	24	25	26	27
Baked Chicken Breast with Mojo Sauce Orzo Florentine Carrots Pineapple Tidbits Multigrain Bread/Butter Brownie	Stuffed Green Pepper Roasted Potatoes Tropical Fruit Garlic Toast/Butter Oreo Butterscotch Pudding w Whip Topping	BIRTHDAY MEAL Beef Pot Roast Mashed Potatoes & Gravy California Blend Veggies Dinner Roll/Butter Sliced Strawberries Pound Cake w Whip Topping	Sweet & Sour Pork Loin Fried Rice Broccoli Mandarin Oranges Egg Roll Fudge Round Cookie Soy Sauce Packet ALT: Sweet & Sour Chicken Breast	Chicken Patty on Bun Buffalo Ranch Sauce Potato Wedges Diced Pears Oatmeal Crème Pie Ketchup Packet
30				
Chicken Burger w Cheese on Bun Scalloped Potatoes Coleslaw Apple Crisp w Whip Topping Mayo Packet				

Menu subject to change. 1% milk and margarine are served with each meal. Your comments are welcome: call 952-945-4156.

Volunteers of America Senior Nutrition Program serves all seniors regardless of race, color, sex, disability, national origin, or religion. The service is funded through a contract with Trellis, Inc. as part of the Older Americans Act Program and participant contributions. Upon request, large print, or audiotape are available. For TDD, contact Minnesota Relay Service. For information about the services provided by Volunteers of America of MN go to www.voamn.org