

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Chicken Fajitas Seasoned Black Beans Mexican Corn Flour Tortillas Shredded Cheese Strawberry Applesauce Taco and Sour Cream Packets	Crabbed Stuffed Pollock Rice Pilaf Broccoli Pineapple Tidbits Oatmeal Raisin Cookie Tartar Sauce Packet ALT: Chicken Kiev
5	6	7	8	9
Cinco De Mayo Beef Tacos Cilantro Lime Rice Fiesta Corn Mandarin Oranges Flour Tortillas Churros Shredded Cheese Taco Sauce Packet	Breaded Pollock Mac & Cheese Peas w Pearl Onions Tropical Fruit Cup Jello Cake Tartar Sauce Packet ALT: Breaded Chicken Breast/BBQ Sauce	Western Baked Beef Patty Roasted Potatoes California Blend Vegetables Fresh Banana Wheat Bread/Butter	Mother's Day Chicken Cordon Blu With Alfredo Sauce Rice Pilaf Broccoli Applesauce Garlic Toast/Butter Chocolate Strawberry Tartlet ALT: Breaded Chicken Breast	Cheese Ravioli w Marinara Sauce & Mozzarella Cheese Mixed Vegetables Side Salad Breadstick/Butter Blonde Brownie Ranch Dressing Packet
127	13	14	15	16
Pork Loin w Horseradish Brown Sauce Mashed Potatoes Italian Blend Vegetables Dinner Roll/Butter Orange Jello w Whip Topping ALT: Chicken Breast	Sloppy Joe on Bun Baked Beans Mixed Vegetables Fresh Cut Fruit	Honey Ginger Chicken Thigh Vegetable Lo Mein Broccoli Tropical Fruit Sugar Cookie Soy Sauce Packet	Beef Meatloaf w Ketchup Glaze Mashed Potatoes Brown Gravy Peas w Carrots Dinner Roll/Butter Pineapple Tidbits	Lemon Pepper Tilapia Rice Pilaf Green Beans Applesauce Brownie Tartar Sauce Packet ALT: Lemon Pepper Chicken
194	20	21	22	23
Chicken Tenders Mashed Potatoes w Country Gravy Diced Pears Biscuit/Butter Oatmeal Crème Pie Cookie	Bratwurst on Bun W Sauerkraut Tater Tot Mixed Vegetables Strawberry Applesauce Mustard/Ketchup Packet ALT: Beef Hotdog	Chicken Piccata w Garlic Red Pepper Penne Roasted Root Vegetables Fresh Banana Lemon Bar	Korean BBA Meatballs Confetti Rice Broccoli Diced Peaches Oreo Pudding w Whip Topping Soy Sauce Packet	Ham Au Gratin Potatoes Green Beans Dinner Roll/Butter Mandarin Oranges ALT: Chicken Breast
26	27	28	29	30
Butter Chicken White Rice Broccoli Fruit Cocktail Flat Bread/Butter Chocolate Chip Cookie	Cheese Roll Up w Mozzarella Cheese in Tomato Basil Sauce Green Beans Side Salad Breadstick/Butter Pineapple Tidbits Italian Dressing Packet	BIRTHDAY MEAL Beef Pot Roast Mashed Potatoes & Gravy Green Beans Dinner Roll/Butter Cherry Shortcake w Whip Topping	Herb Roasted Chicken Thigh Roasted Potatoes Brussel Sprouts Wheat Bread/Butter Diced Pears	Seafood Fettuccini Winter Blend Vegetables Fresh Banans Garlic Toast/Butter Strawberry Jello w Whip Topping Parmesan Cheese Packet ALT: Chicken Fettuccini

The menu is subject to change. 1% milk and margarine are served with each meal. Your comments are welcome: call 952-945-4156.

Volunteers of America Senior Nutrition Program serves all seniors regardless of race, color, sex, disability, national origin, or religion. This service is funded through a

contract with Trellis, Inc. as part of the Older Americans Act Program and participant contributions. Upon request, large prints, or audiotape are available.
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