

Haven

Mental Health
Treatment Services



NOW ACCEPTING REFERRALS

Haven provides locked level-6 residential Mental Health Services to male and female adolescents, ages 11 through 17, who meet the severe emotional disturbance criteria and have been assessed to require a locked setting for an additional level of safety. Haven's treatment foundation is rooted in the Attachment, Regulation, and Competency (ARC) theoretical framework, and integrated with Dialectical Behavioral Therapy (DBT). It is expected that a majority of youth in Haven's programming will have a history of prior mental health interventions with ongoing concerns related to safety, trust, self-esteem, and identity. Some may be victims of sexual, physical, and/or emotional abuse, and demonstrate self-destructive patterns of coping.

Typical diagnoses treated within Haven include, and may not be limited to:

- Major depression.
- Bi-Polar disorder.
- Post-traumatic stress disorder (PTSD).
- Personality disorders.
- Attention-deficit/hyperactive disorder (ADHD).
- Anxiety disorders.
- Reactive attachment disorder.

Services we provide:

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| • Individual Therapy | • Psychiatry and Medication Management | • Community Outings and Activities |
| • Family Therapy | • On-site Education | • Family Support Services |
| • Group Therapy | • Therapeutic Recreation | • Aftercare Options |
| • Mental Health Groups | | |
| • Residential Case Management | | |

Please direct referrals and/or questions for Bar None Haven to the YRS Referral Coordinator Sara Ellis

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