

# Pathways

SUD and Dual Treatment Services



**NOW ACCEPTING REFERRALS**

**Pathways specializes in providing residential Substance Use Disorder (SUD) and mental health treatment services to adolescent males ages 12-17.** Programming utilizes SMART Recovery and Dialectical Behavioral Therapy and offers trauma-responsive care through an integrative systems-based model.

**Youth accepted to the Dual Service Track may present with serious mental health and substance use issues and have a history of unsuccessful treatment attempts in the community and/or other residential programs.** The primary goal for youth on the Dual Service Track is to identify and overcome barriers to sobriety, work closely with family to build a supportive recovery environment, and learn to effectively manage their mental health.

- Substance abuse
- Mood and/or behavioral disorders including and not limited to:
  - depression
  - anxiety
  - adhd
  - bi-polar
  - self-esteem issues
- Disruptive behaviors
- Criminal behaviors and/or legal involvement
- Previous unsuccessful treatment attempts

**Services we provide:**

- |   |  |                                    |
|---|--|------------------------------------|
| • Individual Therapy                    | • Mental Health Groups                 | • Therapeutic Recreation           |
| • Individual Chemical Health Counseling | • Residential Case Management          | • Community Outings and Activities |
| • Family Therapy                        | • Psychiatry and Medication Management | • Family Support Services          |
| • Group Therapy                         | • On-site Education                    | • Aftercare Options                |
| • Chemical Health Groups                |  |                                    |

Please direct referrals and/or questions for Bar None Pathways to the YRS Referral Coordinator Sara Ellis

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